

## Personal Information

\_\_\_\_\_  
Last Name                      First Name                      Initial                      Birth Date                      Age                      F                      M

Address \_\_\_\_\_

City/Zip \_\_\_\_\_

Marital Status: Single \_\_\_ Separated \_\_\_ Married \_\_\_ Divorced \_\_\_ Widowed \_\_\_

Ethnicity: \_\_\_\_\_

Phone #: H \_\_\_\_\_ W \_\_\_\_\_ C \_\_\_\_\_

O.K. to leave messages at: H \_\_\_ W \_\_\_ C \_\_\_

Employer \_\_\_\_\_ Occupation \_\_\_\_\_

Work Address: \_\_\_\_\_

## Family Information

Spouses name \_\_\_\_\_

*(If minor, name of parent)*

Spouses Employer \_\_\_\_\_ Phone#: \_\_\_\_\_

*(If minor, parent's employer)*

Dependents:                      Name                      Age                      Gender                      Relationship

*(If minor, siblings)*

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

In case of an emergency notify: \_\_\_\_\_ Relationship \_\_\_\_\_

Address: \_\_\_\_\_ Phone \_\_\_\_\_

Person responsible for this account \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_ Phone #: \_\_\_\_\_

Referred by: \_\_\_\_\_

May I thank the person who referred you? Yes \_\_\_ No \_\_\_

## Client Information Questionnaire

What is the name, address, and phone number of your physician: \_\_\_\_\_

\_\_\_\_\_

Date last examined by physician: \_\_\_\_\_

List all medications you are now taking: *(If additional space is needed, please write on backside of this page and indicate that you have done so)*

Medication	Dose	Frequency	Purpose of Medication
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Name, address and phone number of doctor(s) prescribing medications if different from above. Please include doctor's specialty: \_\_\_\_\_

\_\_\_\_\_

Have you ever been hospitalized? \_\_\_\_\_ If yes, please give approx. dates and reasons:

\_\_\_\_\_

\_\_\_\_\_

Have you ever received counseling before? \_\_\_\_\_ If yes, when, with whom and for what purpose?

\_\_\_\_\_

\_\_\_\_\_

Are you presently receiving counseling? \_\_\_\_\_ If yes, with whom and for what?

\_\_\_\_\_

Has anyone in your family history been treated for a psychological and/or drug/alcohol problem? \_\_\_\_\_  
If yes, specify who and what they were treated for. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Is there anyone in your family who has or has had a psychological and/or drug/alcohol problem for which they have **not** had treatment? \_\_\_\_\_ If yes, please specify:

---

---

In your own words, please describe the problems that brought you to counseling:

---

---

---

**Please Circle Any of The Problems Which Pertain to You:**

- |                |                 |                      |                  |
|----------------|-----------------|----------------------|------------------|
| Anxiety        | Self-Harm       | Insomnia             | Work             |
| Shyness        | Children        | Inferiority Feelings | Tiredness        |
| Separation     | Bowel Troubles  | Career Choices       | Ambition         |
| Drug Use       | Depression      | Nightmares           | Making Decisions |
| Anger          | Sexual Problems | Appetite             | Concentration    |
| Body Image     | Divorce         | Being A Parent       | Health Problems  |
| Relaxation     | Alcohol Use     | Fears                | Marriage         |
| Legal Matters  | Self-Control    | Suicidal Thoughts    | Stomach Trouble  |
| Energy         | Stress          | Finances             | My Thoughts      |
| Loneliness     | Headaches       | Friends              | Relationships    |
| Education      | Memory          | Unhappiness          | Trauma           |
| Physical Abuse | Sexual Abuse    |                      |                  |